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# Sky Soldiers jump in Benning

Story and photo by  
**Rachel L. Watkins**  
*Ft. Benning Public Affairs*

FORT BENNING, Ga. — Soldiers, 300 of them, from the 173rd Airborne Brigade Combat Team, stationed in Schweinfurt and Bamberg, Germany, and Vicenza, Italy, arrived here after taking a 10-hour trans-Atlantic flight to attend Airborne School.

"Every Soldier you see around the U.S. Army with parachute wings came to Airborne School at Fort Benning," said 1st Sgt. Troy Babin, the 173rd Airborne Bde. Combat Team liaison. "This is the birthplace of the paratrooper. This is where generations and generations of paratroopers have trained - it's tradition."

There are closer airborne schools to the 173rd, including the German and Italian airborne schools, but those schools can't hold the capacity of students Fort Benning can handle, Babin said.

After the Army added units to the former 173rd Brigade in 2006, it was re-flagged as the 173rd Airborne Brigade Combat Team. A year after it was re-flagged, the brigade deployed to Afghanistan for a 15-month tour. But when the brigade redeployed, not all Soldiers were airborne qualified, Babin said. That's why the 173rd is at Fort Benning.

The Soldiers will go through



**Spc. Bradley Chanady jumps from a 34-foot tower at Mann Field, Fort Benning, Ga. Three hundred Soldiers from the 173 rd ABCT traveled 10 hours from Bamberg and Schweinfurt, Germany and Vicenza, Italy to go through airborne school at Fort Benning.**

the same tasks as an airborne class at Fort Benning except instead of three five-day sessions with rest in between, the Soldiers will go through 11 days of training without rest.

In the first segment, the Soldiers jumped from a mock C-130 door and from the 34-foot tower. They had to jump six times off the 34-foot tower.

In the second segment, the Soldiers will learn how to land properly and what to do if something goes wrong in the sky. Soldiers have to complete one successful jump from the 250-foot tower.

For those who pass, the last segment includes five jumps from a C-130 aircraft including a night jump and jumps with and

without combat gear. If the Soldiers successfully pass, they earn their wings.

The class for the brigade is more intense than a regular class, said instructor Sgt. 1st Class Bobby Scott, 1st Battalion (Airborne), 507th Parachute Infantry Regiment.

"Soldiers have less time to recover from injuries, bruises and wear and tear on their ligaments," Scott said. "Due to jet lag, the weather difference and elevation difference, it's a lot to process mentally and physically."

Sgt. Joshua Frederich was excited about attending Airborne School.

"I was here three years ago for basic training. I would see students jumping off the towers and would always think that's motivation, that's what I want to do some day," Frederich said. "I'm lucky to get a chance to do this."

"I was in absolute terror; I didn't look down," Frederich said about his first jump from the 34-foot tower. "I didn't dare look down. I yelled my roster number and name and went down."

Sgt. Angel Thurston said she hesitated to zip down the 34-foot tower.

"I'm afraid of heights," she said. "I looked down, and I think that's why I hesitated."


"I've learned you can do anything you want. It's mental. As long as you get over that, and don't get psyched out, you'll be fine," she said.

# Carabinieri: key partnership



PADOVA, Italy - Senior leaders from U.S. Army Africa attended a Jan. 26 change of command ceremony for the Vittorio-Veneto Interregional Carabinieri force. Many high-ranking carabinieri officers and Italian civilian leaders attended the ceremony. The outgoing commander, Lt. Gen. Libero Lo Sardo, spoke about his many years serving with the carabinieri. Following the ceremony, Maj. Gen. William "Burke" Garrett, U.S. Army Africa commander, said farewell to Lo Sardo and thanked him for his support. Garrett also congratulated Italian Carabinieri Lt. Gen. Massimo Iadanza, the incoming commander, who now oversees the military police force in five regions to include Veneto - home to many American forces under Garrett's command. (By Rick Scavetta, U.S. Army Africa Public Affairs)

**The Non-commissioned Officer**  
**PATTERNS OF SUCCESS**



**Staff Sgt. Christopher Upp**  
Unit: HQ, U.S. Army Africa  
Current Position: Driver  
Age: 27  
Hometown: Sterling, Colorado  
Years in Service: 8 years  
Mentor: Sgt. 1st Class (P) Jason Levy has been a big influence on my life. He taught me a lot about taking care of Soldiers and myself as a young sergeant.  
Motto: 'In the middle of difficulty lies opportunity'  
Definition of an NCO: An NCO is a professional who leads from the front. It doesn't matter if it is through the door of Army Emergency Relief to get your Soldier a loan to fly home or to the mortar pit under machine-gun fire. Your job as an NCO is to lead from the front and set the example of what professionalism is, for them to follow so they too can become leaders.  
Advice for junior enlisted Soldiers: Take care of your Soldiers. If they are injured, give them time to recover, if they are having family problems, take care of them and their families. Make sure they are trained to fight so they can survive and complete the mission.  
Reason for Success: Not really sure, however, no matter what life throws at you, be it good or bad, remain humble.  
Defining moment as an NCO: "My last deployment - by far the most challenging of the four. I was blessed with tremendous and honorable Soldiers. I saw the training I was involved in pay off when I was downrange."  
VISIT THE YEAR OF THE NCO WEB SITE. WWW.ARMY.MIL

Source: SETAF PAC OUTLOOKgraphic

## Changes to EFMP Respite Care

by Jean Sweeton  
EFMP coordinator

The Army Community Service's Exceptional Family Member Program (EFMP) has a respite care program that is spinning back up for the fiscal year. Respite care offers a much-needed break from the continuous, stressful demands of caring for an exceptional family member while offering the opportunity for growth for the exceptional family member. There have been several changes to the program in the new fiscal year.

Eligibility for respite care requires enrollment in the EFMP program and active duty status for the Soldier. Family members

may qualify medically by meeting one or more of seven medical criteria, indicated by a medical provider or educationally with at least a moderate disability on an Individualized Education Plan (IEP) or Individualized Family Service Plan (IFSP).

Families had to have a deployed Soldier in the past, but that is no longer a requirement. Each family must sit down with an EFMP staff member and complete a series of paperwork and complete an interview. Qualified family members may receive up to 40 hours of care per month. For more information or an appointment contact Jean Sweeton at 634-7912 or Frannie Packard at 634-8285.



## Tiger Cubs visit AFN

Staff Sgt. Randy Jackson from American Forces Network (AFN) shows Blake Cameron, a Tiger Cub from Cub Scout Pack 295, how to select music for a radio show Jan. 23. The Tiger Cubs, who are in first grade, toured the AFN station where they learned about the job of a military broadcaster. (Photo by Sgt. Major Kimberly Williams, SETAF Public Affairs)

## New 9-digit zip codes for USAG Vicenza

It is necessary to use the nine-digit zip code for all your incoming and outgoing correspondence.

The postal service is working to speed sorting and delivery, and use of the 9 digit zip will mean mail arrives here already presorted into hundreds. As a result, that mail will get into your mail box earlier in the day.

**Example:**  
**Joe Snuffy**  
**CMR 427, Box 2433**  
**APO AE 09630-0025**

For more information call Richard Hendrickson USAG Vicenza, chief, Admin Services at: 634-7451.

If your CMR Box number ranges from:	Use this 4 digit code with 09630-	If your CMR Box number ranges from:	Use this 4 digit code with 09630-
1 - 100	0001	2201-2300	0023
101-200	0002	2301-2400	0024
201-300	0003	2401-2500	0025
301-400	0004	2501-2600	0026
401-500	0005	2601-2700	0027
501-600	0006	2701-2800	0028
601-700	0007	2801-2900	0029
701-800	0008	2901-3000	0030
801-900	0009	3001-3100	0031
901-1000	0010	3101-3200	0032
1001-1100	0011	3201-3300	0033
1101-1200	0012	3301-3400	0034
1201-1300	0013	3401-3500	0035
1301-1400	0014	3501-3600	0036
1401-1500	0015	3601-3700	0037
1501-1600	0016	3701-3800	0038
1601-1700	0017	3801-3900	0039
1701-1800	0018	3901-4000	0040
1801-1900	0019	4001-4100	0041
1901-2000	0020	4101-4200	0042
2001-2100	0021	4201-4300	0043
2101-2200	0022		

## Speak Out

## How will you commemorate Black History Month?

-By Laura Kreider  
Outlook Staff



**Ian Christie**  
Student

"I will read a history book to learn more about the struggles of early Black people in America."



**Master Sgt. Darrell Wade**  
Judge Advocate

"I'm going to teach my kids about Black History and the history before the Mayflower."



**A.R. Jones**  
Post library

"I enjoy the special interests in Black America and with the election of our first Black president, this year's celebration is sweeter."



**Pfc. Lucas Wareham**  
1-50rd, 173rd ABCT

"I plan to attend some of the events here on post."



**Nicollette LeTellier**  
Vicenza teacher

"I teach my students about famous African Americans and their contribution to our nation."

## Tax Center opens

### Don't let filing be a burden

By Mark Christensen  
Chief, Client Services

The USASETAF Tax Center is now open for income tax return preparation and electronic filing. Members of the military community at Vicenza may bring tax documents to the tax center for free assistance for all current and prior year state and federal tax returns.

As in past years, the tax center offers free walk-in services to taxpayers with uncomplicated returns. Tax center hours of operation are Monday through Friday, 0900-1600, closed on U.S. federal holidays. The USASETAF Tax Center is co-located with the legal office in bldg 241 on 6th Ave. on Caserma Ederle. Individuals may also drop-off their tax documents for preparation and avoid long waits during busy periods.

Tax assistance is available to individuals who bring necessary tax documents to the tax center, including one copy of each W-2 issued for the tax year and a copy of each 1099 issued by banks and investments companies or for other income. Taxpayers who want refunds directly deposited into their account must provide bank information, including their bank routing number and account number.

The Economic Stimulus Payment (ESP) issued in 2008 was partially an advance on your 2008 tax obligation. Taxpayers must tell their tax preparer how much ESP they received, even if the ESP was diverted to cover child support or student loan

debts. Go to [www.irs.gov](http://www.irs.gov) to find out the amount of your ESP in 2008.

Once again this year taxpayers with complicated tax returns may receive assistance by dropping off their tax information. Complicated tax returns are normally prepared and returned within five business days, and include tax returns with any of the following situations: Capital gain or loss reported on Form 1099-B, rental



real estate, Schedule K1 income, self-employment and foreign earned income, foreign income tax credit, tax treaty exclusions, and Puerto Rico returns.

This year the USASETAF Tax Center will be preparing tax returns for the Camp Darby military community. Camp Darby military community members may contact the Camp Darby Command Judge Advocate office for assistance in assembling and forwarding tax information to the USASETAF Tax Center.

For more information call the tax center at DSN 634-7140 or legal assistance at DSN 634-7041.

## Know your tires

By Rob Williams  
USAG Vicenza Safety office

Tires are one of the most important pieces of equipment on our cars, yet they are often ignored or overlooked when it comes to maintenance. According to the insurance industry, tire failure is second only to brake failures in the mechanical causes of accidents. With higher speed limits, and sometimes no speed limits, safe tires become even more important here in Europe.

Here are some tips to prevent an accident as a result of tire failure.

\*Know your tires (size, recommended air pressure, tread depth, speed rating). This info can be obtained from the tire and loading information placard permanently attached to vehicle door edge, door post, glove-box door, or inside of trunk



lid. This information is also in the vehicle owner's manual.

\*Check tires monthly for proper pressure, tread and wear. A good tire pressure gauge (don't trust the ones at the gas stations), or using a depth gauge as well.

\*Rotate tires to even out tread wear according to owner's manual.

\*In winter in Italy, know how to put on tire chains when heading to the mountains. Chains are sized to fit specific tires, have the

correct ones.

\*Replace tires before you can see metal. If you can see steel belts, you need to go **immediately** to have the tires replaced.

For more information and detailed instructions for every aspect of tires and their maintenance go to: [safecar.gov](http://safecar.gov) and click on the tire.

Don't let your tires make you a statistic. Army Safe Is Army Strong.

## EEO opportunities

by Master Sgt.  
Tamika Anderson  
USAG Vicenza EEO

The Equal Opportunity Office is looking for community members who are interested in serving on our special and ethnic observance committee.

These committee members will assist with the planning and execution of observance events. If you are interested in getting involved, call Master Sgt. Tamika Anderson at 634-7093, Sgt. 1st Class Stu Cameron at 634-7914, or Sgt. 1st Class Joseph Osinski at 634-6061.

•African American/Black History Month is Feb. 1-28

•Program held Feb. 20 at 1:30 pm in the Ederle Theater

•This year's theme is "The Quest for Black Citizenship in the Americas"

2009 Women's History Month theme: "Women Taking

the Lead to Save our Planet"

We are requesting the submission of nominations to recognize women/student leadership in protecting the environment on a local level.

Our goal is to compile and post the list of women/students from across our community who have taken the lead to save our planet.

Nominees can be any woman/student who has shown exceptional effort, vision and leadership toward saving our planet and improving our community.

Pick up a nomination form from any member of the EO team and submit by Feb. 20. All nominees will be recognized for their efforts during our Women's History month luncheon.

For more information call Anderson at 634-7093, 0444-71-7093 or e-mail at [tamika.anderson@eur.army.mil](mailto:tamika.anderson@eur.army.mil).

## Used vehicle sale

GSA's European Fleet Management Center, Interagency Fleet Management System, will hold a public auction of used government vehicles Feb. 11-22. Bidding will be via live internet auction.

Public inspection period will be Feb. 17, 9 a.m.-3 p.m. at the Leghorn Army Depot, IFMS Consolidated Vehicle Processing Center on Camp Darby.

Beginning Feb. 11 vehicle photos, descriptions, and minimum bid starting prices can be found at: [www.vebeg.de/web/en/auktionen/index.htm](http://www.vebeg.de/web/en/auktionen/index.htm).

Prospective bidders must be registered with VEBEG in order to participate in the auction.

Call Michela Bortolini at 633-8274, 050-54-8274 or 335-100-3680.

## The Outlook

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The editor reserves the right to edit all submissions for style, brevity and clarity. Circulation is 2,500 per week.

## At your service

### Univ. of Phoenix enrollment

Ana LaForgia is the University of Phoenix Enrollment counselor and is responsible for enrolling students on the different degrees University of Phoenix offers.

"I help guide students in choosing the best program that will best fit their educational needs," she said. "My office is located in the Education Center, upstairs in room 211."

LaForgia is available Monday, Wednesday and Thursday from 8:30 a.m. - 1:30 p.m. and Tuesdays from 8:30-11:30 a.m. and from 1-3 p.m. She can be reached at 634-8928, 0444-305-496 from off post, or by e-mail to [ana.laforgia@phoenix.edu](mailto:ana.laforgia@phoenix.edu)



Ana LaForgia  
University of Phoenix

# Community events

## A Capital City

# Around Prague on your own

Story and photos by  
Lourdes Fernandez  
Outlook Volunteer

Whether visiting alone, with family or friends, Prague, the capital of the Czech Republic, provides visitors an exciting variety of events and sightseeing opportunities.

Getting to Prague is convenient; Czech Airlines offers a direct flight from Marco Polo Airport in Venice.

Airfare runs around \$350 for a round-trip flight. Once at the airport in Prague, find the public transportation information booth and ask for help mapping your route into the city.

Taxis are available but very expensive, and travelers need to make sure that the taxi comes from a reputable company. For less than two euro, Bus 119 goes to the metro station and from there the green line goes to Old Town. Many people in Prague speak English, which makes it convenient for American travelers.

Before leaving the airport, remember to exchange currency; even though the Czech Republic became a member of the EU in 2004, the *koruna* is still the official currency. Taking money from the ATM may be a better deal than using the exchange booths. One dollar equals about 20 *koruna*, and Prague is relatively cheap compared to Western Europe. There are many ATMs (Bankomat) throughout the city.

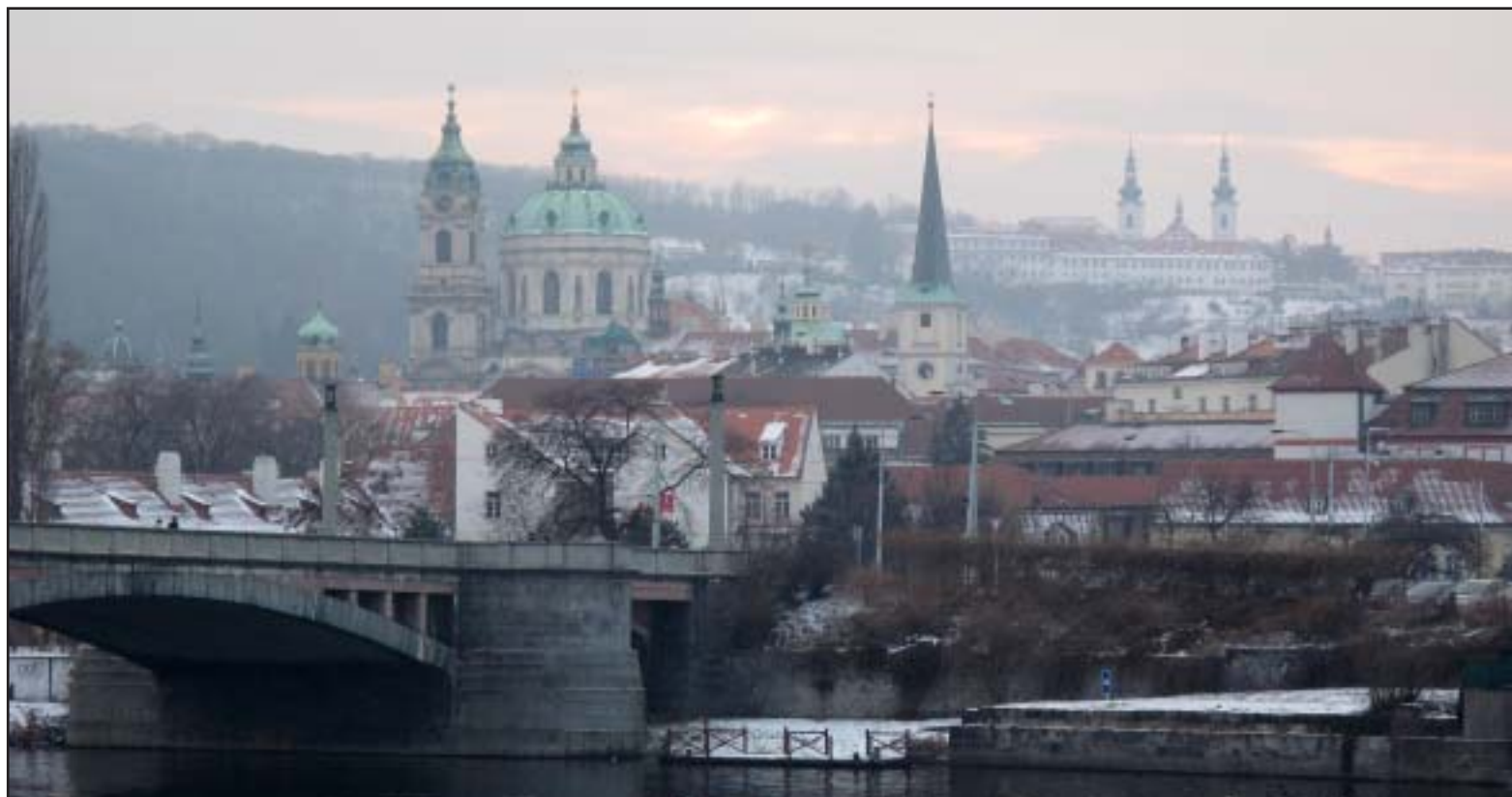
Prague is an easy city to walk; Old Town, the Jewish Quarter, Little Quarter, Castle Quarter and New Town are all easy to access. Trams 22 and 23 also take tourists between major points of interest.

Danyette Toeller, who has lived in Germany for five years, said "I begin planning my trip by visiting tripadvisor.com, because I find candid photos and opinions from people who have actually visited the place."

She adds that she prefers bed and breakfasts because "they are usually clean, offer more personal service and the owner usually provides great information about the area."

The Green Garland proved a lovely and reasonably priced pension with great breakfast and a central location in Old Town. We paid \$85 per night double-occupancy.

Prague was the cultural



Prague is dissected by the Vltava River which is flanked by castles and churches along its flowing banks.

center of Europe for many years; Charles University was the first university in Northern Europe. Art nouveau, high baroque and art deco can be seen throughout the city, interspersed among many medieval buildings, gothic art, and functionalist buildings of the communist era.

There are many opera houses; visitors can see a ballet performance at the Estate Theater (*Stavovské Divadlo*),

where Mozart premiered *Don Giovanni*, or watch a mimed, innovative performance at the Black Light Theater.

Toeller found most of the information, from restaurants to performances, by searching online, reading reviews and taking some chances. She chose *Lehká Hlava* (Clear Head), a vegetarian restaurant listed online, and her bet paid off; the food was delicious. Also try traditional Czech food, which

includes potatoes, cabbage and pork, at one of the many restaurants in the city.

Toeller also read Rick Steve's guides; his guide to Prague and the Czech Republic provided good information about places to see and scams to avoid.

Wander the neighborhoods with an eye toward the many historical sights. Cross Charles Bridge and stop to make a wish at the statue of the martyr John of Nepomuk. See the stained-

glass window at St. Vitus Cathedral near the Prague Castle or shop at Wenceslas Square, an important site during the Velvet Revolution of 1989 that ended communism, and enjoy the art nouveau facades of the buildings lining the street.

Prague offers sights and activities for all tastes and ages. With a small amount of research and an open mind, the city offers a great way to spend the weekend.



Churches dot the landscape and usually open onto pedestrian squares lined with shops and stalls.



(Top) Cobblestoned streets wind through the old quarters of the city. (Left) Strolling over the Charles Bridge can be done day or night. The bridge hosts artists and musicians on the span as well. (Above) Tourists make a wish on the statue of the martyr John of Nepomuk on the Charles Bridge.

## Joint training stresses coordination

Story and photo by  
Joyce Costello

USAG Livorno Public Affairs

Morning commuters on the Livorno regional train did a double take when they saw Italian and American Soldiers training at one of Camp Darby's training areas which is adjacent to the train tracks. Italian Folgore Soldiers and Camp Darby's 511th Military Police Platoon were conducting convoy security training.

"The joint training was an excellent opportunity to exchange procedures and drills and to train for the common effort of fighting terrorism," said Col. Raffaele Iubini, Camp Darby Italian base commander. "This particular area has long stretches of roads that are ideal for troops to conduct convoy training without having to practice on nearby roads."

Many of the Soldiers at the training had already served downrange with coalition forces.

"I was in Iraq and worked along side of German, Australian and British forces and it taught me the importance of learning each others techniques and how to overcome language barriers," said Spc. Bridget Austin, 511th MP. Cpl. Giovanni Lanna, Headquarters Logistical and Technical support for Folgore, who was stationed in Iraq along side of American troops, added "in NATO operations all of the procedures are standardized, but in coalition operations, the procedures are those of the leaders of the coalition."

"By integrating convoy training, it gave us all a chance to make sure we learn and



Pvt. Timothy Hocut, 511th Military Police Platoon, covers his sector of fire while Italian Folgore guard a convoy during a joint training exercise.

understand the same driving procedures and radio communications," said Lanna.

In the Italian Army, like the U.S. Army, it is the non-commissioned officers who have the responsibility and challenge of training the junior troops.

"As a leader, you see that the other forces like the Italian NCO's, train their soldiers the same as we train our soldiers-the best we can," said Staff Sgt. Vincent Gaglione, 511th MP. "As a NCO, you understand the importance training plays in preparing troops for combat and you want your soldiers to survive and do well."

At the end of the week-long training, both forces expressed their satisfaction with the joint experience.

"It's important to me that my NCO's and leadership use their prior experience to teach and

train me," said Austin. "This training has helped me to feel confident about providing joint security for a convoy downrange."

"I think simulating an embedded security situation was a realistic scenario for all of our troops," added Lanna. "In a convoy it's especially important that everyone knows their jobs."

**Training areas available**  
Camp Darby has two local training areas. They were heavily utilized in the 1990s by National Guard engineers and troops in Europe. Units interested in using the training areas should call Director of Plans, Training, Mobilization and Security at 633-8335 or 633-7033.



An Italian Folgore scans the horizon from the machine-gunner position for improvised-explosive-devices and enemy combatants during a joint training exercise on Camp Darby.

## Darby Dates

### Sponsorship training

This program outlines sponsorship responsibilities and provides the newcomer with useful information to help make their transition easier in this Feb. 10 class.

For more info call 633-7084.

### Marriage & money

Money outlooks and attitudes are very different between men and women. Learn that and more in this Feb. 10 class.

Call 633-7084 for information.

### Smooth move/levy

If you are departing Camp Darby in the next 90 days, you may want to sign up now for this seminar on Feb. 11 and learn how to get through an easy Permanent Change of Station (PCS).

Contact ACS at 633-7084 for details.

### Banking & credit union services

Learn what the differences are between banks and Credit Unions in this Feb. 12 class. Call 633-7084 for details.

### Volunteer knowledge

Stop by to join the ranks and add your skills to TEAM Darby on Feb. 13. Call 633-7084 for details.

### Story hour

There will be a special children's story hour to celebrate Black History month with two guest readers on Feb. 11 at 10 a.m. for children ages 3 to 5. Call the post library at 633-7623 for details.

### Black History month

Don't miss the special meeting to celebrate and improve knowledge about Black History Month with two guest speakers on Feb. 13 for children ages 6 to 12. Call 633-7623 for details.

### Karaoke night

Darby Community Club is holding a karaoke night on Feb. 12. Call 633-7855 for details.

### Texas Hold'em

Fun begins at 6:30 p.m. on Feb. 13. Free pasta will be served for all players. Call 633-7855 for info.

## Girl Scouts celebrate new home with "Passport to Pisa"



Georgia Salvatici teaches Girl Scouts on how to explore their inner diva while keeping their outer diva looking stunning. (Photo by Joyce Costello, USAG Livorno Public Affairs)

Story by Sgt. Ryan Hall  
AFN Livorno

Girl Scouts from all over Europe descended on Camp Darby for the unfurling of the United States of America Girl Scouts Overseas-North Atlantic colors at their new headquarters.

More than two hundred girls representing 28 troops from across Europe took part in the Passport to Pisa Program, according to Margaret Renwand, CEO of USA Girl Scouts Overseas-North Atlantic.

U.S. Army Garrison Livorno commander, Lt. Col. Steven Cade, added that this was a great opportunity for Girl Scouts all across Europe to grow and learn within the Girl Scout

organization, while experiencing the new and different cultural aspects of life in Tuscany.

"We are proud that the Girl Scouts have chosen Camp Darby as the location to host their event," said Cade.

"We have a great community that prides itself in hospitality and opportunities to see the best of Italy- that's why Camp Darby is becoming Europe's southern destination of choice."

For Kendra Bader, from troop 63 from Kaiserslautern, Germany, it was a chance to expand her horizons.

"This event is good for your education and it gives you the chance to have fun and communicate with other girls around the world," said Bader.

"I like earning badges and Girl Scouts has really taught me how to get out and meet new people."

Scout mom Karen Pryor added she was happy Girl Scouts offered great programs to the girls because of what the scouting experience gave her.

"Girl Scouts gave me opportunities and a chance to build my confidence and try things that I probably wouldn't have gotten a chance to try," said Pryor. "I'm glad my daughter is getting the chance to do adventurous things she might not otherwise try."

For more information about the USA Girl Scouts Overseas-North Atlantic, visit [www.usagso-na.org](http://www.usagso-na.org).

## Carnevale highlights Italian landscape

Carnevale is celebrated in Italy 46 days before Easter. The word *Carnevale* comes from the Latin *carnem levare* (removal of the meat), an expression used in the Middle Ages that marked the beginning of Lent.

It is a winter festival celebrated with parades, music, masquerade balls, and parties. Pranks are very common during *Carnevale*, hence the saying *A Carnevale ogni scherzo vale*, that is every type of fun is allowed during this celebration that usually starts two to three weeks before the actual Carnevale date.

Masks, *maschere*, are an important part of *Carnevale* and Venice is the best city for traditional masks.

This year *Carnevale* is Feb. 24 but celebrations in Venice and many other cities will run from Feb. 14 (or even earlier) through Feb. 24.

For detailed information in English about Venice "Sensation - 2009 Carnevale" visit <http://www.carnevale.venezia.it/>.

In *Malo*, Via Castello, about 20 miles northwest of Vicenza, Carnevale starts Feb. 1, 2 p.m., with a Children Carnevale party. There will be games, entertainment and prizes for the most original costumes.

**Vivi la casa - Home Gallery**, Jan. 30 - Feb. 1, in *Verona*, Viale del Lavoro, 8, about 38 miles west of Vicenza.

Classic and modern furniture solutions; products and services for the house and the wedding day. Admission fee: Fri 3 euro; Sat - Sun 7 euro. Free entrance for children up to 12 years. For more details in English visit [http://www.home-gallery.it/hg\\_english/evento\\_eng.asp](http://www.home-gallery.it/hg_english/evento_eng.asp).



Household exhibition, photo courtesy La Presse

**Spazio Casa - Exhibition of furnishing, home accessories and wedding articles**, Feb. 4 - 9, in *Vicenza*, Via dell'Oreficeria, 16. Tue-Wed, Thu: 3:30 p.m. - 11 p.m.; Sat 9:30 a.m. - 11 p.m.; Sun 9:30 a.m. 22 p.m.; Mon 3:30 p.m. - 8 p.m. The show is articulated in various areas dedicated to classical, country and ethnical furnishings (*The Traditions*), to furnishing accessories (*Casamia*), to modern and contemporary furnishings (*Casanova*), to design (*Spazio design*), stoves and chimneys (*The warmth of home*), clothing and wedding articles (*Newlyweds*).

Admission fee: Sat - Sun 5 euro; reduced 3 euro (children 12-18, children younger than 12 are free.) Free entrance on weekdays.

### Free concerts, exhibits and classes

*Live Jazz music*, Jan. 29, 9 p.m., in *Recoaro Terme*, Via Montagna Spaccata, 4, about 30 miles west of Vicenza.

*Montecrocetta acoustic Band*, Jan. 29, 9:30 p.m., in *Vicenza*, Birrificio Birracrua, Strada Vicinale Monte Crocetta, 6.

*Musical, Opera and Operetta presented by the Conservatory students*, Jan. 31, 5 p.m., in *Vicenza*, Santa Chiara Chapel, Contrà Santa Chiara.

*Buck Brothers Powerpop-Punk From London, UK + Bad Black Sheep Alternative Rock From Vicenza*, Jan. 31, 10:30 p.m., in *Vicenza*, Totem Club, Via Vecchia Ferriera, 166.

*1900-2000 History of a Century*, Jan. 31, 8:30 p.m., in *Costabissara*, Piazza Vittorio Veneto, 4, about 7 miles northwest of Vicenza. Play performed by the amateur theatrical company of La Fraglia, an institute for disabled.

An English script is available.

To request it, please send an e-mail to [anna.terracino@eur.army.mil](mailto:anna.terracino@eur.army.mil) or [jon.fleshman@eur.army.mil](mailto:jon.fleshman@eur.army.mil)  
*Watercolor Exhibition*, Feb. 1 - 28, 11 a.m. - 3 p.m.; 5:30 p.m. - midnight; closed on Monday, in *Vicenza*, Cafè restaurant Dai Nodari, Contrà Do Rode, 20.

*Antique Indian Dances*, Feb. 1, 6 p.m., in *Vicenza*, Ganapati Yoga Center, Stradella



Canavale in Venice especially, draws crowds of lavishly costumed participants. (Photo by Spec. Crystal Abbott, U.S. Army Africa Public Affairs)

del Teatro Olimpico, 5.

*Universal Experience Jazz Not Dead Festival 2009*, Feb. 3, 9 p.m., in *Vicenza*, Bar Sarteia, Corso SS. Felice.

*Explore the sky*, Astronomical Observatory of *Arcugnano*, Feb. 3, 8:30 p.m., Via S. Giustina, 127 - about five miles south of Vicenza. View the sky and the planets in great detail with the observatory's telescope.

### Movies in English

Feb. 2, *Rachel getting married* plays at the Odeon Theater in downtown Vicenza, Corso Palladio, 176. Tickets: 6 euro. Times: 5 p.m., 7 p.m., and 9 p.m.

For the schedule of upcoming English-language movies at the Odeon, go to the Web site [www.mymovies.it/cinema/vicenza/6217/](http://www.mymovies.it/cinema/vicenza/6217/).

## Vicenza ITR/ODR

### Romantic weekend in Nice and Monte Carlo

Enjoy a special romantic weekend in France. Feb. 14-15 iTR! Trips take you there. Stroll along the famous seaside promenade in Nice and enjoy the glamour of Monte Carlo. Call 634-7094 for reservations.

### Valentine's Day in Innsbruck

Find out why Innsbruck Austria is such a special place on Feb. 14, 6 a.m.-10 p.m. Enjoy a guided tour and shopping in the Swarovski crystal factory store.

### Florence and the Uffizi Gallery

Join iTR! Trips on a private tour of the Uffizi Gallery. You will also have free time to explore Florence. The trip leaves 7 a.m. Sunday Feb. 1. For information call 634-7094.

### San Marino

Visit the smallest nation in Europe and the oldest republic in the world. iTR! Trips offer a guided tour and time for tax free shopping, Feb 7, 7 a.m.-10 p.m. If you would like a special memory you can have your passport stamped for 5 Euro. Call 634-7094 for information.

### Carnevale trips

Carnevale is just around the corner. iTR! Trips offer a trip to Viareggio to see the famous floats and huge paper mache puppets, Feb 8, 8 a.m.-10 p.m.

This parade is spectacular with floats 20 meters high, and performers from all over the world.

You can also enjoy Carnevale in Venice Feb. 15 or 22. iTR! Trips will escort you by train where you will enjoy the traditional costumes and beautiful masks the have become so famous. Call 634-7094.

## Now Showing

### Ederle Theater

Jan. 29	Sex Drive (R)	6 p.m.
Jan. 30	Transporter 3 (PG-13) Punisher: War Zone (R)	6 p.m. 9 p.m.
Jan. 31	Paul Blart: Mall Cop (PG) Transporter 3 (PG-13)	3 p.m. 6 p.m.
Feb. 1	Paul Blart: Mall Cop (PG) Punisher: War Zone (R)	6 p.m.
Feb. 4	Transporter 3 (PG-13)	6 p.m.

### Camp Darby Theater

Jan. 29	Sex Drive (R)	6 p.m.
Jan. 30	Notorius (R) (1st Run)	6 p.m.
Jan. 31	Soul Men (R) 6 p.m.	
Feb. 1	Igor (PG)	2 p.m.

Admission: Age 12 and over \$4, under age 12, \$2.  
The Ederle Theatre box office opens one hour prior to show time.

Looking for the movie synopsis? Check out the AAFES Web site: [www.aafes.com](http://www.aafes.com), scroll to the bottom of the page and click on Movie Schedule.

Looking to buy or sell items? Check out MWR's Marketplace at [www.mwrmarketplace.com](http://www.mwrmarketplace.com).

## Memorial service

John Larry Cannon passed away on Dec. 23, 2008. He was a long-standing resident of the Vicenza community. Cannon served here as a Soldier and then as a civilian employee for the 509th Signal Battalion. There will be a memorial service to honor Cannon on Jan. 30 at 1:30 p.m. in the post chapel.

## American Red Cross events

If you are interested in volunteering, sign up for and attend the new volunteer orientation Feb. 3 from 1-3 p.m. in Davis Soldier & Family Readiness Center, bldg 108.

**CPR training** is Feb. 7- 8:30 a.m.-4:30 p.m. in Davis Soldier & Family Readiness Center, bldg 108.

**Babysitter's training** is Feb. 21 - 9 a.m.-4 p.m. in Davis Soldier & Family Readiness Center, bldg 108.

Pre-registration is required for all classes. Call the American Red Cross at 634-7089 or 0444-71-7089 for details.

## Snowflake sale

The art center will hold its semi-annual clearance sale Jan 28 - 31. Find scrap framing materials, sewing and pottery kits, samples and scrap booking materials.

It will also feature new frame selections, mat designs and cut outs, ready made frames and local artist work. For details stop by the art center or call 634-7074.

## Now hiring

University of Phoenix is now hiring adjunct faculty in Vicenza for the MBA and MAED programs. Qualified candidates must have a MAED or MBA (or related degree) and 5-plus years of professional experience in a related field. For more information or to submit a resume, contact Diana Frayne via e-mail at: [dfrayne11@email.phoenix.edu](mailto:dfrayne11@email.phoenix.edu).

## Estate claims

Anyone having claims on or obligations to the estate of Spc. Jeffery Waggoner, Battle Co., 2-503rd (ABN) Inf., 173d ABCT, Vicenza, Italy must contact the Summary Court Martial officer, 2nd Lt. Brandon R. Sellers at 634-6686, or via e-mail at [brandon.sellers@eur.army.mil](mailto:brandon.sellers@eur.army.mil).

## Valentine's Day at the Arena

Adults compete for a dream date in the Lion's Den version of the Dating Game at Feb. 14, 9 p.m. Then find out how well our married couples know each other in the Arena's version of the Newly Wed Game at 10 p.m. in the Lion's Den.

## Super Bowl party

Don't miss the action of Super bowl with surround sound on the big screen and projection TV's in the Lion's Den. There is a \$5 cover charge that includes finger foods from the Strike Zone menu and door prizes through out the night.

## Art classes

February classes at the Art Center include; wood safety-Feb. 1, 11 a.m., basic sewing-Feb. 3, 4 p.m., pottery hand building -Feb. 4 3:30 p.m., fundamentals in photography-Feb.5, 5:30 p.m., intro to picture framing-Feb. 7, 10 a.m. and intro to wheel throwing -Feb. 8, 3 p.m. registration is required for all classes. For a complete class schedule visit [www.vicenzaMWR.com](http://www.vicenzaMWR.com) or call 634-7074.

## Ceramics studio

The art center offers open sessions every Thursday 10 a.m.-5 p.m. Just drop in and pay by the hour. This session is open to beginners, hobbyists and parent child pairs. Call 634-7074 for more information.

## CDC training

On Friday, Feb. 13 the CDC 398 will be closed so that staff may conduct training. All children normally cared for in CDC 398 will be provided care at CDC 395 which operates 6 a.m.-6 p.m. For additional information contact Michelle Sterkowiec at 634-5008 or Luca Harbeson at 634-8433.

## Sledding Trip

SAS will take grades 1-6 on a sledding trip to Asiago on Feb. 7, 8 a.m. The cost is \$32 and includes supervision, admission, transportation and lunch. Register with SAS in Bldg 308 or call 634-8253.

## Valentine's Day dinner

FMWR will provide free transportation for couples Valentine's Day dinner at Sette Santi, Feb. 14, 7 p.m. Two menu options are available for 25 Euro and the ladies will receive a rose. The bus will depart at 6:30 p.m. Child care can be arranged with CYSS Parents Night Out at the Central Registration office. Reservations for dinner must be

made at ITR before Feb. 5.

## Parent Child Dance

Parents and children can enjoy a special Carnevale themed dinner dance on Saturday, Feb 21, 6- 9 p.m. at Club V. Adult s \$19and children are \$14. Tickets are on sale at Child, Youth, and School Services locations and the Tax Relief Office beginning Jan. 16. Call 634-5087 for information.

## Health Clinic hours

The Health Clinic is open Monday-Friday, 7:30 a.m.-4:30 p.m., closed Thursdays at 2 p.m. for training.

Medical sick call is by appointment, call 634-7484.

## President's Day schedule:

**Feb. 13 – Closed**  
**Feb. 14 – 9 a.m. to 1 p.m.**  
**Feb. 15 – Closed**  
**Feb. 16 - Closed**

You can make medical appointments on-line. Register with TRICARE on [www.tricareonline.com](http://www.tricareonline.com).

For technical questions you can call 001-800-600-9332 or stop by the TRICARE office. Call the nurse advice line at 800-87-7660. The call must be made from Italy, and is toll free.

## Warrant officers wanted

South OfThe Alps Warrant Officer Chapter is looking for outstanding warrant officers.

If you are interested come to our warrant officer breakfast every Thursday from 8-9 a.m. at the South of the Alps dining facility.

Our next meeting will be Feb. 26 at 11:45 a.m.-12:45pm in the Arena conference room downstairs. For more information call Pattie at 340-472-1401.

## Microsoft certification

Attend classes when it's convenient. Learn everything from how to build a single computer to managing a network of users. Use your 100% tuition assistance funding and earn college credit.

iPod provided when you sign up for the first two courses. Register by: Feb 6. Call CTC for more info at 634-6514 or 0444-716514.

## USO events

**Valentines Day poem contest.** Submit an original poem of any style and any length to the USO by Feb.12 about the one you love the most. The top poem selected will receive a prize.

**Correction:**  
The article and photograph on the VCC, page 4 bottom, of the Jan 22 issue were provided by Samanta Smith, Outlook volunteer.

**Level One Italian** class is being offered from Feb. 23 to April 22. The classes will be held Monday's and Wednesday's from 5:45-7:45 pm at the Ed. Center. Course cost is \$118 plus 11 Euro for the book.

**RockBand 2** is now at the USO. Come out and show us your skills on our new drum set and wireless guitars.

**USO Birthday** celebration will be held at the USO on Feb. 4 starting at noon.

Come to the USO on **Super Bowl Sunday** and food and watch the game in surround sound. Party kicks off at 6pm.

The USO is located in bldg. 9A. Hours are Monday- Friday 11 a.m. – 10 p.m. and Saturday and Sunday Noon - 6p.m. The USO phone number is 634-7156.

## Bowl-a-thon

The Howard Z. Plummer Masonic Lodge is sponsoring free bowling for the children of the Vicenza military community.

At the Arena, Feb. 7 from 3:15-5:30 p.m. No cost.

Includes, bowling, pizza, soda and shoes. Max per five children per lane. Raffle prizes, and instructor on site Register Jan. 30 from noon-3 p.m. at the Arena.

For more information contact: Jonathan Williams at: [noblewillaw07@yahoo.com](mailto:noblewillaw07@yahoo.com) or call 388-149-9914 (after duty hours) or Dion West at: [dion.west@us.army.mil](mailto:dion.west@us.army.mil) or 334-600-4375.

## ACS functions

The **Army Family Action Plan** is now taking your issues. Deadline is Feb. 10. Submit your issues: online at [www.vicenzamwr.com/acs\\_afap.html](http://www.vicenzamwr.com/acs_afap.html) or [afap@vicenzamwr.com](mailto:afap@vicenzamwr.com) or call 634-7500.

**Military Saves** week begins Feb. 23. Protect your family and your future by increasing your financial readiness. Take the saver pledge at [www.militarysaves.org](http://www.militarysaves.org), and join a community that is working to build wealth and not debt. Access to free services and resources, plus tips on how to make saving automatic. Call the FRP at 634-7500.

Have trouble managing your anger? Join the **anger management** class for adults on Feb. 5, 11:30 a.m. – 1 p.m. and anger management for children ages 6 to 12 at 3:30 – 5 p.m.

## Religious activities

**Caserma Ederle Chapel**  
Call the chapel at 634-7519 (0444-71-7519) for details on post religious activities.

### Chaplain Crisis Line:

To speak with a chaplain after hours call **634-KARE** (634-5273).

### Saturday services

4p.m.: Sacrament of Reconciliation, or by appointment.

5 p.m.: Vigil Mass

### Sunday Services

9 a.m.: Roman Catholic Mass  
*Mass is held weekdays at noon.*

9 a.m.: Protestant Sunday school and AWANAs (Sept. through May in Vicenza High School)

10:45 a.m.: Catholic religious education (Sept.-May in Vicenza High School)

11 a.m.: Protestant worship  
1:30 p.m.: Full Gospel Pentecostal worship

4 p.m.: Lutheran worship  
6 p.m.: Contemporary Christian worship

### Monday

Noon: LDS Scripture Study  
3:05 p.m.: Middle School Club in the high school cafeteria. (October -May)

5:30 p.m.: High School Club in the Teen Center. (October-May)

For details contact Jocelyn Cary at 634-7890 or 349-385-3476 or [vicecb@yahoo.com](mailto:vicecb@yahoo.com).

### Tuesday

9:15 a.m.: Protestant Women of the Chapel

### Wednesday

Noon: Protestant Men of the Chapel Bible study (at DFAC)

5:30 p.m.: PWOC evening Bible study

### Thursday

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

### Faith group contacts

**Islamic:** Mohamed Noeman at 634-6306.

**Jewish:** Sandy Schoenberg at 634-6202 or [sandy.schoenberg@eur.army.mil](mailto:sandy.schoenberg@eur.army.mil).

**Latter Day Saints (LDS):** Scripture study is held each Monday, noon-1 p.m. at the Chapel. Sunday services, 9:30 a.m.-12:30 p.m. downtown. For details, call Sean Peterson, 335-8219492.

### Darby Chapel

For details call the chapel at: 633-7267 (50-54-7267).

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass  
11:15 a.m.: Protestant worship

Protestant Sunday school starts at 9:45 a.m.

Catholic CCD is at 11:15 a.m.

All briefs must be received at [editor@eur.army.mil](mailto:editor@eur.army.mil) noon Monday, or by Friday at 4 p.m. if Monday is a holiday.

# Staying fit can be solo performance



Staff Sgt. Jacob Saldivar, Charlie Co., 1st Bn., 503rd Inf., 173rd Airborne Brigade Combat Team, works out at the post gym. "I try to come here as much as I can, at least two hours daily," Saldivar said. "I try to use all the different equipment because it helps different muscles," he added. (Photo by Laura Kreider, Outlook Staff)



"I like the cardio equipment and the sauna," said Staff Sgt. David E. Morton, also from the C Co., 1st Bn., 503rd Inf., 173rd ABCT. "Soldiers should take advantage of this facility because it offers variety of equipment, and it is free," he added. (Photo by Laura Kreider, Outlook Staff)

## Sharks make final splash before Berlin finals



By Rachael Cameron and Ann Gasparini  
*Special to the Outlook*

The Vicenza Mako Sharks swim team participated in the EFSL Southern Divisionals in Naples Jan. 18. The Southern Divisionals included teams from Sigonella, Rota, Aviano, Vicenza and Naples.

Once again, the swimmers met with success. Medals were

awarded to Jonathan Bowman, Tess Segura, Mia Segura, Rima Gasparini and Kelsey Roche.

The team averaged 12 points per swimmer. Our Mako of the Meet goes to Rima Gasparini for earning 22 points and qualifying for championships in the 100-meter breaststroke.

This makes her the sixth swimmer from Vicenza to qualify for the EFSL finals to be held in Berlin next month.

Tess Segura came in right behind Rima, with 21 hard-earned points. Tess battled fatigue and swam to victory placing fourth in the longe distance event, the 400-meter freestyle. The Berlin meet marks the seasons' end.

If your son or daughter is interested in participating in this great swim team, contact Tiffany Trans-Ozuna at [coachmakosharks@gmail.com](mailto:coachmakosharks@gmail.com)

## Cougars grapple as small team

Story and photo by Dawn Polensky  
*Outlook volunteer*

Cougar wrestling is back in full swing. The first meet after break was in Naples on Jan. 10. The team had three high school wrestlers, Kyle Kaus, Jeremy Huller and Jimmy Touzinsky along with middleschool wrestler, Wyatt Overman, to compete.

The team did well for being such a small group. Kyle Kaus placed first in 171-lbs. weight class.

Jan. 17 found the team in Rome where Jeremy Huller won his first match of the season. Jeremy is a first-year wrestler at the 130-lbs. weight class. Zach Bishop went 2-1 at his first meet of the season, Kyle Kaus went 4-0, and Wyatt Overman the 8th grade exhibition wrestler, won both of his matches. It was a good day for the team.

This past weekend the team traveled to Aviano. Kyle Kaus



Zach Bishop gets the upper hand on his opponent during the meet in Rome. The final home meet is Saturday Jan. 31.

wrestled up a weight class to get some tougher competition. Kaus took first in the 189lb weight class, weighing in at 171lbs. He is now 15-0 for the season. Kaus is determined to take the number one slot this year.

Jimmy Touzinsky at 135-lbs had some good matches and really went the distance with his opponents.

The next meet is at home in Vicenza on Jan. 31 and there will be a new wrestler joining the

group, Frankie Demma.

Although the team this year is small, the boys never quit. Come out and watch them on Saturday, Jan. 31 at the Vicenza High School Gym.

## Sports shorts

### Renovation of the fitness center

Phase-4 renovation of the fitness center began Jan 21. Parts of the gym and the weight room will be off limits due to this construction until Jan. 31. Plan accordingly.

### High School volunteer coaches

Vicenza Middle/High School needs volunteers to help with fast-pitch women's softball (especially need a pitching coach) and track and field. Spring practice starts March 2. Volunteers must be registered with ACS. Please contact the VHS Athletic Director Garrett Barton at 335-773-9710 or the high school main office at 634-7656.

### Volleyball season

Unit level volleyball begins Feb 10. Your entry sheet with your alpha roster must be submitted to the Sports Office by Feb 9. The coaches meeting is Tuesday, Feb. 10 at either 2:30 or 5:30 p.m. Get your teams ready. Call 634-7009 for information. Sports and Fitness

### USAG Vicenza Soldiers' sports

Soccer returns on Feb. 8 and recreational basketball returns Feb. 2.

### Heliski trip

Feel the rush. ODR takes expert ski and snowboarders to Interlaken, Switzerland for a weekend of Heliskiing on Feb 13-18. Lodging and transportation are provided. You must have a passport. Call ODR at 634-7453 for complete details.

### Paintball

ODR offers two paintball trips this month. Feb. 8 and Feb. 22. Transportation is \$10 and the field fee is 10 Euro. You can rent equipment for an additional fee if you don't own your own. Call 634-7453 for information.

### Ski trips

Every weekend ODR takes you to the slopes; Feb. 7 San Martino and Feb. 14 Obereggen. Call ODR for information on equipment and fees at 634-7453.